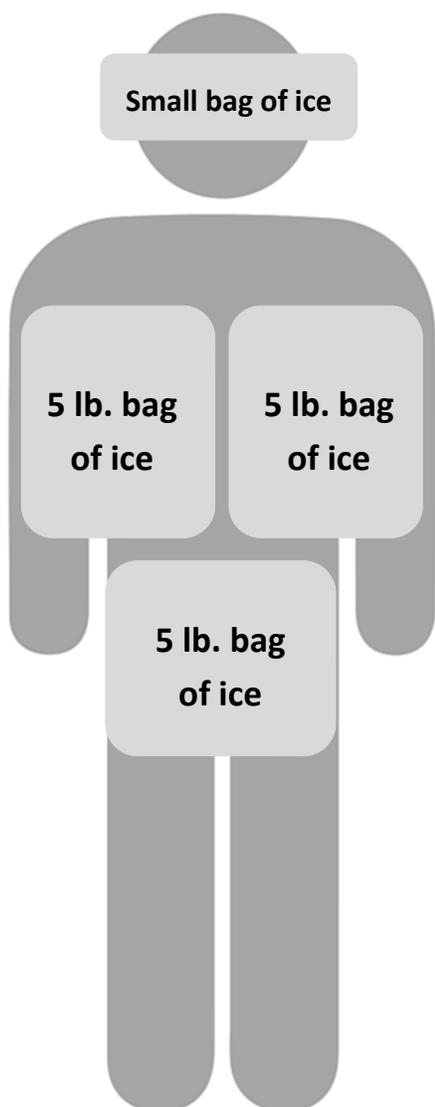


## Guide to Cooling the Body for Tissue & Eye Donation

For hospitals without a cooled morgue, Iowa Donor Network (IDN) developed this guide on how to cool the body to ensure the opportunity of donation is preserved. We request that cooling time begins as soon as possible and within 12 hours from time of death or last time known alive. Please be assured that IDN does everything possible to expedite removal of the donor for donation. If you have any questions regarding this process, please call us at 1-800-831-4131.



### Instructions:

1. Gather and double bag approximately three 5 lb. (basketball-size) bags of ice. Do not open the bags of ice if purchased from outside the hospital.
2. Place the patient in a body bag or sheet and elevate the head of the bed (approximately 30 degrees).
3. Place two bags of ice directly on each axilla. Place one bag of ice over the groin area. The goal is to reduce the patient's core body temperature.
4. Partially fill a smaller bag or non-sterile glove with ice. Instill saline drops to eyes and ensure the patient's eyelids are closed. Place a wash cloth or gauze over the patient's eyes, then gently place the ice on the wash cloth.
5. Zip the body bag closed or fold the sheet over the body.
6. Document in the patient's chart the time ice was placed, where it was placed, and who placed it.
7. Check every 2 hours and replace ice as needed.

Thank you for your time and effort to preserve the opportunity of donation for the patients and families you serve.

*Working together to transform lives through the gift of organ and tissue donation.*

For more information visit [IowaDonorNetwork.org](http://IowaDonorNetwork.org)